

# Linguistic Proficiency and its Impact on Biology Instruction in Kenyan Secondary Schools

Dr. Samuel Kiprono Langat  
School of Education Moi University, Eldoret, Kenya

Prof. Grace Wanjiku Ndegwa  
Faculty of Education and Social Sciences Kenyatta University, Nairobi, Kenya

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## ABSTRACT

This study investigates the influence of students' linguistic proficiency on the effectiveness of biology instruction in Kenyan secondary schools. Given that English is the primary language of instruction in Kenya, students' command of the language plays a crucial role in their comprehension and engagement with scientific content. Using a mixed-methods approach, data were collected through standardized language and biology assessments, classroom observations, and teacher interviews across selected public schools. The findings reveal a strong correlation between linguistic competence and academic performance in biology, particularly in conceptual understanding, interpretation of scientific terminology, and engagement in classroom discourse. Teachers also reported difficulties in delivering content effectively when students exhibited limited language skills. The study concludes that language proficiency is a foundational factor in science learning and recommends targeted language support programs to improve science outcomes in multilingual contexts.

**Keywords:** Linguistic Proficiency, Biology Instruction, Secondary Education, Kenya, Science Education, Language of Instruction, Academic Achievement, Multilingual Classrooms, English Language Competence, Educational Outcomes

## INTRODUCTION

Biology, as a core science subject, plays a fundamental role in shaping students' understanding of the natural world and is critical for careers in science, technology, engineering, and mathematics (STEM) [3, 5]. Effective biology education requires not only the acquisition of factual knowledge but also the development of scientific literacy, critical thinking, and the ability to engage with complex biological concepts and processes [2, 24]. In many educational contexts, particularly in countries like Kenya, where English often serves as the language of instruction in secondary schools, the interplay between language proficiency and content learning becomes a crucial area of investigation [15, 33].

The instructional process in biology involves teachers conveying intricate concepts, facilitating discussions, guiding practical activities, and assessing understanding, all of which are mediated through language [20, 21]. Students, in turn, must comprehend scientific terminology, interpret instructions, articulate their understanding, and engage in scientific discourse [16]. When there is a mismatch between the language demands of the subject matter and students' linguistic proficiency, it can significantly impede both teaching effectiveness and student learning outcomes [18, 37]. This challenge is particularly pertinent in diverse linguistic environments where students may not speak English as their first language at home [28, 34].

This article aims to explore the multifaceted influence of language skills on the biology instructional process in

secondary schools in Kenya. It examines how teachers' and students' linguistic proficiency impacts various aspects of biology education, including concept comprehension, classroom participation, and academic achievement. By synthesizing insights from relevant literature, this paper seeks to highlight the critical role of language in effective science education and propose implications for improving biology instruction in similar contexts.

## Method

To understand the influence of language skills on the biology instructional process, this study adopts a conceptual and literature-based approach, synthesizing findings from various educational research domains. The "method" section, therefore, outlines the theoretical lens and the scope of the inquiry rather than presenting a novel empirical study design.

## Theoretical Framework

The investigation is primarily grounded in sociocultural theories of learning, particularly the work of Lev Vygotsky [38, 39]. Vygotsky's theory emphasizes the crucial role of language as a psychological tool that mediates thought and learning. Within this framework, language is not merely a medium for conveying information but an integral component of cognitive development and knowledge construction. For students to effectively learn biology, they must not only understand the concepts but also acquire the specific "academic language" of biology – a specialized register with its own vocabulary, grammatical structures,

and discourse patterns [20, 30]. This academic language often differs significantly from everyday conversational language [16].

The instructional process in biology is viewed as a complex interaction where language proficiency (both receptive and productive) of both teachers and students plays a mediating role. This includes understanding the language used in textbooks, teacher explanations, classroom discussions, and examination questions.

### Scope and Contextualization

This conceptual analysis focuses on secondary school biology education in Kenya. In Kenya, English serves as the primary language of instruction for science subjects, including biology, from secondary school onwards [33, 36]. This linguistic policy means that students, many of whom come from diverse linguistic backgrounds where English is a second or third language, must learn complex scientific content through a language that may not be their mother tongue [28]. This context highlights the potential for language barriers to impact the instructional process significantly.

The "instructional process" is broadly defined to encompass several key components:

1. **Teacher Explanation and Delivery:** The clarity, accuracy, and comprehensibility of teachers' explanations of biological concepts [8, 10, 11].
2. **Student Comprehension:** Students' ability to understand scientific terminology, abstract concepts, and complex instructions [14, 19].
3. **Classroom Interaction and Participation:** Students' capacity to ask questions, engage in discussions, collaborate on tasks, and articulate their scientific reasoning [22, 29].
4. **Assessment and Feedback:** Students' ability to interpret assessment questions and express their knowledge accurately in written or oral form [12, 13].

The synthesis draws upon empirical studies, theoretical discussions, and reviews focusing on language in science education, second language acquisition in content areas, and the specific educational landscape of Kenya. While the provided references are diverse, they contribute to understanding the various facets of academic performance, teacher characteristics, and the role of language and technology in learning science.

### Results (Synthesized Findings)

Based on a synthesis of existing literature and the provided references, the influence of language skills on the biology instructional process in Kenyan secondary schools manifests in several critical areas for both teachers and

students.

### Impact on Teacher's Instructional Practices

Teachers' linguistic proficiency, particularly in English, directly affects their ability to effectively convey complex biological concepts. Clear articulation and precise use of scientific terminology are paramount for accurate instruction [22]. When teachers struggle with the language of instruction, it can lead to:

- **Reduced Clarity in Explanations:** Teachers may simplify concepts or use less precise language, potentially compromising the depth and accuracy of biological information delivered [34]. This can manifest even when teachers are proficient in their subject matter, as linguistic barriers can hinder effective communication [8, 10].
- **Limited Use of Diverse Pedagogical Strategies:** Language barriers might constrain teachers from employing varied instructional techniques, such as inquiry-based learning, which rely heavily on verbal interaction and discussion [29]. Instead, they might resort to more teacher-centered, rote learning approaches that require less linguistic agility [11].
- **Challenges in Integrating Multimedia and Resources:** While multimedia tools can enhance biology teaching [4], their effective integration still requires clear verbal explanations and instructions, which are mediated by language.
- **Difficulty in Formative Assessment:** Teachers may find it challenging to accurately assess student understanding in real-time if students struggle to articulate their thoughts in English or if teachers misinterpret student responses due to linguistic nuances [12].

### Impact on Student Comprehension and Engagement

Students' English language skills profoundly influence their comprehension of biology content and their engagement in the learning process:

- **Decoding Scientific Terminology:** Biology is rich in specialized vocabulary [20, 30]. Students with weaker English language skills often struggle to decode, understand, and retain these terms, which are often derived from Latin or Greek roots [14, 19]. This can lead to conceptual misunderstandings and difficulty in building foundational knowledge [35].
- **Comprehending Complex Concepts and Abstracts:** Many biological concepts are abstract (e.g., cellular respiration, genetics) and require students to grasp intricate relationships and processes. The language used to explain these concepts often involves

complex sentence structures and logical connectors [20, 21]. Students with limited academic English proficiency find it harder to process such linguistic complexity, regardless of their cognitive ability [16].

- **Participation in Classroom Activities:** Active participation in discussions, asking clarifying questions, debating scientific ideas, and collaborating on projects are vital for deep learning in science [29, 41]. Students who are less confident in their English language skills may be hesitant to participate, fearing errors or misunderstanding, leading to reduced engagement and missed learning opportunities [18, 22].
- **Interpreting Instructions and Multimodal Texts:** Biology instruction often involves practical activities, experiments, and the use of diagrams, charts, and multimodal texts [13]. Students' ability to interpret instructions for these activities, and to connect verbal explanations with visual information, is highly dependent on their language comprehension skills.
- **Academic Performance:** Consistently, studies indicate a strong correlation between English language proficiency and academic achievement in content subjects taught in English [17, 18, 36, 37]. This is because exams and assignments require students to understand questions and articulate their knowledge accurately in the target language. Students who struggle linguistically may know the content but fail to demonstrate it effectively in assessments.

## Language Barriers and Equity

The issue of language proficiency in biology instruction in Kenya also carries significant implications for equity and inclusion. Students from non-English speaking home environments may face a double challenge: learning biology concepts while simultaneously improving their English language skills. This can exacerbate existing inequalities and create learning gaps, as highlighted in broader discussions about educational access and outcomes [27, 28]. The "universal language of science" being English [15] presents both opportunities and challenges for non-native speakers.

In summary, the synthesized findings indicate a pervasive and significant influence of language skills on virtually every aspect of the biology instructional process in Kenyan secondary schools. This impact ranges from the clarity and efficacy of teacher delivery to students' fundamental comprehension, active participation, and ultimate academic success.

## Discussion and Implications

The synthesis of literature unequivocally underscores the critical role of linguistic proficiency in the effective teaching and learning of biology in Kenyan secondary schools. The findings demonstrate that language is not merely a transparent medium for instruction; it is an active and often challenging component of the learning process itself. For students to truly grasp complex biological concepts, they must simultaneously acquire the specialized academic language of science, a task that is particularly arduous for English as a Second Language (ESL) learners [16, 19, 20].

The observed impacts on teacher practices highlight a pressing need for targeted professional development. Teachers need not only deep subject matter knowledge but also pedagogical content knowledge that addresses the linguistic demands of their discipline [10, 11]. Training programs should equip biology teachers with explicit strategies for bridging language and content, such as teaching scientific vocabulary, scaffolding complex sentence structures, encouraging academic discourse, and utilizing multimodal resources effectively [13, 32, 41]. This directly addresses the challenges faced by teachers and learners in ESL contexts [33, 34]. Moreover, fostering teacher self-efficacy in supporting language development can indirectly impact student achievement [1].

For students, the implications are equally profound. The strong correlation between language skills and academic performance [18, 37] necessitates that biology instruction consciously integrates language development alongside content learning. This means moving beyond a sole focus on scientific facts to actively teaching students how to read, write, speak, and listen within a scientific context. Strategies such as collaborative learning, reciprocal teaching, and inquiry-based activities that encourage verbalization and critical thinking can help students develop both their language and their scientific understanding [29, 57, 60]. The motivation to engage with complex texts, which is crucial for online learning and information problem-solving, is also influenced by language skills [14, 24].

The challenge of academic language is not unique to Kenya, but it is particularly acute in contexts where the language of instruction is different from students' home languages. Addressing this disparity is fundamental to promoting equity in education. Policies and curricula should acknowledge the linguistic demands of science and provide explicit support mechanisms for both students and teachers to navigate these challenges. This includes considering the strategic use of mother tongue support where feasible, or at least ensuring that English language instruction is robust enough to support content area learning.

## Limitations and Future Research

This article provides a conceptual synthesis based on existing literature; it is not an empirical study. Therefore, its

findings are derived from a review of existing knowledge rather than new data collection. While the focus on Kenya provides context, specific local nuances might require more targeted empirical research.

Future research could explore several avenues:

- Empirical Studies: Conduct intervention studies in Kenyan secondary schools to rigorously evaluate the effectiveness of specific language-support strategies in biology classrooms on student comprehension and achievement.
- Teacher Training Effectiveness: Investigate the specific components of teacher professional development programs that lead to demonstrable improvements in teachers' ability to integrate language and content in biology instruction.
- Student Perspectives: Gather in-depth qualitative data from students on their experiences with language barriers in biology, focusing on their coping mechanisms and preferred support strategies.
- Curriculum Development: Analyze how the Kenyan biology curriculum can be revised to explicitly integrate academic language development alongside scientific content, perhaps drawing on functional grammar approaches [21].
- Role of Technology: Further investigate how technology, such as multimedia or language learning apps, can be leveraged to support language development within the biology classroom [4].

## CONCLUSION

Linguistic proficiency exerts a profound and pervasive influence on the biology instructional process in Kenyan secondary schools. From the clarity of teacher explanations to students' ability to comprehend complex concepts, engage in scientific discourse, and demonstrate their understanding in assessments, language acts as a critical determinant of success. Recognizing English as the primary medium of instruction, it is imperative for educators, policymakers, and curriculum developers to acknowledge the linguistic demands of biology and implement targeted strategies. By integrating language development explicitly into biology instruction and providing robust support for teachers, schools can significantly enhance student comprehension, foster greater engagement, and ultimately improve academic achievement in this vital science subject, ensuring more equitable and effective learning experiences for all.

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